

CEV Competitions Hygiene Guidelines

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Table of contents

1.	Introduction.....	3
2.	Definitions	3
3.	Target Groups	3
4.	General overview of the COVID-19 pandemic	4
5.	General recommendations	4
6.	Communication and Education	6
7.	Event planning	6
8.	Transportation	8
9.	Accommodation.....	8
10.	Other activities	8



1. Introduction

This document has been drawn up with the aim to provide general recommendations and requirements that shall be considered in the event planning and applied in the event delivery. The aim is to create a safe organisation of CEV Competitions as the world is still dealing with the challenges brought by the coronavirus pandemic (COVID-19).

These Guidelines shall be understood as temporary and strictly linked to the current situation and they will be updated periodically. For this reason, the CEV is continually monitoring the evolving of the situation regarding the global coronavirus pandemic in close cooperation with the relevant international, national health and sports authorities.

The Guidelines are complementary to the respective measures applied by the local authorities and the latter are always prevailing.

In drafting the document, the recommendations issued by the World Health Organization (WHO) have been taken into consideration.

2. Definitions

- a. CEV Competition: means one of the competitions organised by the CEV, composed of Volleyball, Beach Volleyball or Snow Volleyball matches and any side event or meeting approved by the CEV.
- b. Hygiene Officer: means an individual appointed by the Organiser as the person responsible for all hygiene matters.
- c. Team Hygiene Officer: means an individual appointed by a National Federation or a Club responsible for all hygiene matters of the team.
- d. Recommendation: means a standard that is recommended to be implemented.
- e. Requirement: means a standard that shall be fulfilled by the relevant target groups.

3. Target Groups

This document is addressed to a number of target groups in various ways involved in a CEV Competition. The framework has to be followed by all indicated target groups in order to ensure the implementation of the measures and protocols according to the different roles and responsibilities. The target groups are:

- a. Players and Team Officials
- b. CEV Officials and Match Officials
- c. Event Organiser/Club/NFs and Local Organising Team (LOC)
- d. International and local service providers

The implementation of such measures shall be in total compliance with WHO recommendations, government and local regulations and laws and any changes to the latter due to the evolution of the overall pandemic situation.

The CEV's aim is to protect the health of fans, and in case any spectators are allowed to attend a CEV competition, specific spectators' measures shall be set as recommended or required by relevant local authorities on a case-by-case basis.

4. **General overview of the COVID-19 pandemic**

4.1 **Transmission of the virus¹**

People can catch COVID-19 from others who have the virus. The disease can spread from person to person through small droplets from the nose or mouth, which are spread when a person with COVID-19 coughs or exhales. These droplets land on objects and surfaces around the person. Other people then catch COVID-19 by touching these objects or surfaces, and then touching their eyes, nose or mouth. People can also catch COVID-19 if they breathe in droplets from a person with COVID-19 who coughs out or exhales droplets.

4.2 **Symptoms²**

The most common symptoms caused by COVID-19 include:

- a. Dry cough
- b. Tiredness
- c. Fever

Other symptoms include:

- a. Aches and pains
- b. Nasal congestion
- c. Runny nose
- d. Sore throat
- e. Loss of smell
- f. Diarrhoea
- g. General discomfort

5. **General recommendations**

According to the principle of "protect yourself and others" against the COVID-19 disease, the following general recommendations shall be meant as minimum standards for the organisation of CEV Competitions.

The implementation of the recommendations and requirements included in this document should be ensured in cooperation with the relevant national and local authorities.

In order to ensure the proper implementation of general recommendations and the specific protocols, new roles should be introduced by the Organiser and Volleyball Team delegations as follows:

¹ WHO, How does COVID-19 spread: <https://www.who.int/>

² WHO, What are the symptoms of COVID-19?: <https://www.who.int/>



- a. Hygiene Officer: The Organiser shall appoint a Hygiene Officer responsible for all hygiene matters. This person shall have medical background in order to supervise and conduct the established procedures and protocols. This person should have an extensive knowledge of the government regulations and collaborate with the team hygiene officer.
- b. Team Hygiene Officer: Each team delegation shall appoint a Team Hygiene Officer responsible for all hygiene matters of the team. This person is chosen among the Team Officials travelling together with the Team Delegation (e.g. Team Doctor or Physiotherapist). The Team Hygiene Officer shall monitor the health status of all delegation members on a daily basis, be well informed on the current government regulations followed by the organisers, educate and supervise the members of the delegation, and closely collaborate with the Hygiene Officer.

5.2 Safe distance

- a. Use of prevention measures such as physical barriers at points of interaction between LOC and spectators (if any) (e.g. Ticket stand, check points at the entrance, etc.).
- b. Each delegation shall be avoiding close interaction with other delegations in closed areas.
- c. Keep the minimum distance of 1.5 m between the persons, where possible.

5.3 Participants

- a. Mandatory valid certificate of negativity to Coronavirus issued by authorised health laboratories not earlier than three days before arrival for CEV Officials, Referees and the traveling team and up to three days before Preliminary Inquiry for the hosting team (players and team officials). These certificates shall be provided to CEV and presented during the Preliminary Inquiry. Any appointed CEV official should submit to CEV such a certificate before travelling to the venue of the relevant competition.
- b. LOC, National Technical Officials (NTOs), local match officials shall wear protective equipment (masks/face shields) from the time they enter the Venue to departure.
- c. All people involved shall be subject to the body temperature checks as specified in this document.

5.4 Disinfection and cleaning procedures

- a. The Organiser shall ensure the disinfection of all areas in the Competition Venue and training facilities before, during and after each match including:
 - i. Competition courts
 - ii. Common areas
 - iii. Sports Equipment
 - iv. Working offices and areas as defined in the CEV Regulations, press tribune, media centre, commentary positions, etc.
 - v. Toilets
 - vi. All other spaces and objects frequently touched (e.g. elevators, door handles, tables, etc.)



- b. The Organiser shall provide a sanitary station with alcohol-based hand gel/sanitizer at all entrances/exits.
- c. The Organiser shall establish a fast cleaning plan during competition and an in-depth cleaning in off hours considering:
 - i. Spaces and objects to be cleaned
 - ii. Frequency and schedule (several times for frequently touched objects and spaces used multiple times.)

6. **Communication and Education**

Communication and education are two key factors for ensuring the best performance of the tasks of the different target groups. Based on the different target groups involved in a CEV Competition the following procedures shall be implemented:

6.1 **Before the Competition/Event**

6.1.1 Continuous and regular communication

- a. The Organiser shall have regular communication with the government and the relevant local public authorities about the evolution of the situation and coordinate all steps in close cooperation with the CEV. Potential measures to be applied according to the authorities to be communicated in writing with respective reference to the CEV.
- b. Regular communication with the different target groups in order to keep them informed and updated over the situation (via email, websites, social media channels, etc..).

6.1.2 Trainings on site

Specific training and education sessions to be organised by Organiser/Clubs on site for LOC, Volunteers and Court personnel for the execution of the needed actions, under the supervision and coordination of the Hygiene Officer.

6.2 **During the Competition/Event**

Display hygiene signage across all venues to inform all the involved people about ways to prevent and avoid the spread of the virus (e.g. entrances, corridors, common areas, etc.).

7. **Event planning**

The common aim of CEV and the Event Organisers remains the health and well-being of all athletes, officials and fans. In planning and organising a CEV Competition, the Organiser shall follow the following requirements in addition to those listed in General recommendations:

- a. CEV retains the right to perform additional testing to any accredited person throughout the period of the CEV Competition despite any certificates already provided upon arrival.
- b. CEV shall provide all CEV Competition Organisers with Rapid Test kits in order to ensure the safety of all participants.

- c. The Organiser shall ensure that the Rapid Tests will be performed to all the persons for whom the negative test certificate is a mandatory pre-condition for taking part in the CEV Competition (Team delegations Members, CEV Officials and Referees). The tests shall be performed by the Medical Doctor, Hygiene Officer or a person with medical background in presence of the CEV Supervisor.
- d. The Organiser shall ensure that the tests will be performed as follows:
 - i. upon arrival of the visiting teams and Officials and on the day of the Preliminary Inquiry for the hosting team at the latest.
 - ii. 48 hours after the first test for all the relevant persons (Team delegations Members, CEV Officials and Referees)
- e. In defining Venue and Venue Layout, organisers shall liaise with the venue owners in order to ensure that the venue respects the provisions set in these Guidelines.
- f. In defining the access to the venue, ensure different entrance and control points for:
 - i. Team delegations and Officials
 - ii. Local Organising Committee members
 - iii. Accredited media (if any)
- g. Ensure that the entrance/exit points to the Venue for the above groups of accredited people shall be completely separated by the entrance/exit points for spectators (if any) and make sure that the flows shall not cross each other.
- h. Identify a room for temporary isolation in case of person with suspicious symptoms in any facilities (Venue, Training Hall, etc.) and management of Symptomatic Cases.
- i. Check the body temperature of all team delegation members and CEV Officials and Match Officials upon arrival at the official hotels (not applicable for Beach Volleyball events not offering accommodation). The process shall be undertaken by the Hygiene Officer.
- j. Check the body temperature of each person entering the competition venue and any other facilities used (e.g. training/fitness facilities), The process shall be undertaken by the Hygiene Officer.
- k. Create a daily list with the people entering the Venue, Training/Fitness facilities:
 - i. Name and surname
 - ii. Phone numbers for faster reaction if needed
 - iii. Time of arrival and departure

The Organisers shall make sure that the collection, process, storage and retention of personal data (including medical data) are in compliance with national data protection legislation, regulations, and the GDPR (General Data Protection Regulation).

- l. Limit the number of people, in applicable scenario, present at the same time in different areas in order to ensure the implementation of the prevention measures. Exact figures and roles to be defined in the Specific Instructions per CEV Disciplines for the following competition areas:
 - i. Field of play (FoP)



- ii. Medical services and personnel
- iii. Media & TV Area (press tribune, commentary positions, camera positions, etc.)
- m. Define a clear schedule for all the activities to be carried out such as trainings, set-up activities, rehearsals in order to avoid any large gatherings and minimise the crossing and sharing of spaces among the different target groups.
- n. For closed venues/areas: avoid where possible the use of air-conditioning. In big venues ensure that the air circulation system is applying a filtering system in line with hygiene protocols.

8. **Transportation**

For the local transportation of team delegations, Officials and LOC the following requirements shall be followed:

- a. Ensure the availability of alcohol- based hand gel and masks in the busses, shuttles and cars.
- b. All passengers shall wear a mask.
- c. In case of shuttle services, ensure minimum security distance with at least one empty seat per row and nobody sitting next to the driver.
- d. A maximum of three persons (including the driver) are allowed in case of transfer by cars, with the condition of nobody sitting next to the driver.
- e. Cleaning and disinfection procedures shall be ensured after each ride.

9. **Accommodation**

- a. CEV Supervisor and CEV Medical Delegate, when assigned, together with Hygiene Officer need to coordinate with hotel in order to align the procedures to be followed.
- b. Local recommendation shall be followed in term of flow direction, usage of rooms and common areas.
- c. Avoid social gathering in common areas, and keep the safe distance in all meeting areas.
- d. Separate dining areas per team and the safe distance shall be guaranteed (e.g. lines, tables, etc.). The interaction between members of different delegations shall be avoided.
- e. Meals shall be served following local health authorities' guidelines for group meals taking also into consideration the standards stated in the CEV Regulations/Guidelines or recommendations.

10. **Other activities**

In conducting the competition and the related activities, the following competition specific recommendations shall be considered.



10.1 Meetings

- a. In any scheduled meetings the safe distance shall be respected and the maximum number of persons shall be defined according to the surface and ventilation system of the room.
- b. Allow flexibility in terms of location (e.g. if weather conditions allow, conduct the meetings in open spaces such as terrace or park of the hotel etc.).
- c. Define a clear time schedule for Preliminary Inquiries and any other technical meeting (such as team doctor meeting, etc..).
- d. Organiser shall prepare and give upon arrival to the team delegation the time schedule and protocol to be followed for all scheduled meetings.
- e. All usually required documents shall be uploaded in the FIVB VIS (for Beach Volleyball Competitions/Events) and CEV Database for Volleyball Competitions/Events in order to avoid the use of paper documents and potential further spread of the virus. The CEV Supervisor shall check all documents via his/her laptop.

10.2 Trainings

The following requirements shall be followed:

- a. In case of usage of fitness facility, recommendation/regulations from local authorities shall be followed.
- b. Towels and bottles of water shall be for individual use only.
- c. Measurement of body temperature at the arrival for all people involved
- d. Court trainings, indoors and outdoors, shall be designed per team according to a well-defined time schedule, in order to avoid teams' crossing each other.
- e. Management of cleanings after each session.
- f. No fans allowed to attend training sessions.
- g. Players to come prepared for practice from hotel to avoid using the changing rooms and shower on site before and after the training session.

10.3 Match/Competition

- a. Arrival/Departure to/from the Venue
 - i. Define specific arrival and departure timeline for each accredited group (teams, officials, LOC)
 - ii. Measurement of body temperature at the arrival for all people involved in the competition including service providers
- b. Equipment usage
 - i. Individual towel and individual bottle of water
 - ii. No exchanging or sharing personal effects
 - iii. Disinfection of balls after each set by ball retrievers under the supervision of the Hygiene Officer



- iv. Make available proper quantity of cleaning and disinfection materials in the competition area
- c. Match protocol (defined in the Specific Instructions per CEV Disciplines)
 - i. Avoid physical contact such as hugs, handshakes, high five or fan engagement
 - ii. No physical contact with the opposite team, referees, officials, staff, volunteers, guests
- d. Team Delegation
 - i. No usage of protective devices for the team officials sitting on the bench since all the team delegation members need to have a negative test certificate in order to be able to take part in the competition
- e. Court personnel
 - i. Limited number of court personnel groups in order to minimise the total number of persons involved during a tournament
 - ii. Court personnel over 14 years of age since they need to handle the disinfection liquids
 - iii. Court personnel shall wear masks and gloves
- f. Media and Photographers
 - i. Limit number of the media and photographers
 - ii. Define the areas where they can move and operate
 - iii. Photographers and Media shall wear a mask
- g. Cleaning and sanitary procedures before and after the matches.
- h. Extend the time between two matches to clean and disinfect properly Venue and equipment.
- i. For Media Activities after the match (e.g. mixed zone interviews), ensure the respect of social distancing.

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